

YASH SEWA SAMITI



- **Empowering Communities**
- **Spreading Smiles**
- **Changing Lives**

Annual Report

2023-2024



Empowering Communities, Spreading Smiles, Changing Lives

Yash Sewa Samiti, driven by the ideals of compassion and community service, had a remarkable year full of impactful initiatives. This report highlights our activities & achievements

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INTRODUCTION

- **Yash Sewa Samiti** was formed with the motto to serve the needy based on the principles of Late Sh. Yash Pal Bhatia who being a teacher had touched many lives and spent his life serving the people. He always believed that education is the key to change this society and the girl child has a vital role to play in it.
- Yash Sewa Samiti is a Non Government Organization and was incorporated in the year 2016. It has been implementing projects in diverse thematic areas including – **Education, Menstrual Health, Community Health, Food & Nutrition, Livelihood, Women Empowerment, Relief Operation & Environment Protection.**
- We have acquired all mandatory certifications to secure CSR Funding and Government funding which includes – **80G and 12A Certification, CSR 1 Approval and NGO Darpan Registration.**

Vision and Mission



Vision “We envision an empowered society where the elderly and children are taken care of and women are independent”.

Mission “We strive to serve the economically and socially deprived by means of empowering them to become self independent with primary focus on women and children”.



Key Initiatives

Women Empowerment with 4S

1.SABLA (Training Programs)

Yash Samiti organised different skill development training programmes for professional freedom under the project SABLA for domestic help & women. About **300 WOMEN BENEFICIARIES**.

2.SAKSHAM

Yash Sewa Samiti organised Free Yoga Classes in park & self defence workshops in schools and park to make women mentally strong & to equip women with basic self-defense techniques, ensuring their safety and confidence in public spaces. Over **1000 beneficiaries**.

3.SAKHI BAITHAKS

Yash Sewa Samiti conducted different awareness sessions workshops etc in Anganwadis, Parks, Chaupals etc. to educate adolescent girls & women about Menstrual Hygiene, nutrition etc. **1500 beneficiaries**.





4.SELF HELP GROUP

SHG provide micro finance to groups to facilitate the process of self-empowerment. SHGs promote savings and credit initiatives which enable them to access financial capital & start income generating activities. They helped each other . Over **250 beneficiaries**

Education for All

Education is a cornerstone of our work, ensuring no child is left behind.

1.STATIONERY AND UNIFORM DISTRIBUTION:


Over **500 children** received school bags, books, and uniforms to prevent school dropouts.

2.REMEDIAL CLASSES:

Regular classes for children of domestic help bridged learning gaps, enabling them to excel in their studies in schools & at different centres. **200 beneficiaries**

3.FINANCIAL HELP

We helped children of domestic help to pay their fees in private schools because they can't go to far away Govt. schools due to their working parents. **15 beneficiaries.**





Health for All

Access to healthcare remains a priority for us because it is a basic human right.

1.HEALTH CAMPS:

Many Health Camps were conducted in marginalized areas, providing free medical check-ups, medicines, and nutrition advice for Community. Over **610 beneficiaries**.

2.PERIOD AWARENESS SESSIONS:

Awareness workshops & FREE PAD DISTRIBUTION for adolescent girls and women were organized in Aganwadis, Parks, NGO premises emphasizing menstrual hygiene. Over **2800 beneficiaries**

3.IMMUNITY KITS/HYGIENE KITS

We distributed IMMUNITY KITS & HYGIENE KITS to children & families of domestic Help Over **100 beneficiaries**

4.NUTRITION DRIVES:

Distribution of healthy food packets and awareness about balanced diets supported better health outcomes for underserved communities. Over **450 beneficiaries**





Aahar [Food for All]

Daily wagers and vulnerable populations are supported through

1.FOOD DRIVES

Over 8,000 meals and dry ration packets distributed during the year.

2.COMMUNITY KITCHENS

Hot meals served during festivals, ensuring no one goes to bed hungry.

Environment Protection

Creating a sustainable future is integral to our MISSION GREEN & MISSION CLEAN

1.PLANTATION DRIVES

Over 1,000 trees planted in schools, parks, and public spaces & distributed to them.

2.CLEANLINESS DRIVES

We conducted cleanliness drives regularly to promote hygiene and reduce waste, engaging community members in celebrations activities like Clean India Green India.





Share Smiles

This initiative encourages donors to celebrate Birthdays, Anniversaries, and milestones by sharing joy with underprivileged children on their special occasions.

ACTIVITIES CONDUCTED

Games, storytelling sessions, and gifts brought smiles to over 800 children throughout the year.

Awareness Campaigns

1.VOTER AWARENESS

Sessions to educate citizens about their voting rights and responsibilities.

2.ORGAN DONATION AWARENESS

Sessions & workshops highlighting the importance of organ ,eye & body donation to save lives & give new life to your organs,

Many sessions conducted to aware community people about nutrition, water management, formation of Self Help Groups etc.



Impact in Numbers

- WOMEN EMPOWERED: **2,950+**
- CHILDREN BENEFITED: **1,515+**
- HEALTH BENEFICIARIES: **3,960+**
- TREES PLANTED: **1,000+**
- MEALS DISTRIBUTED: **8,500+**
- AWARENESS BENEFICIARIES: **3,500+**

Summary of Activities in Financial Year 2023–2024



April 2023

- * Monthly get together of senior citizens under the banner of "**Aashirwaad Varishth Nagrik Manch** "
- * **Prabhatferi an awareness program in Raahgiri style to aware people about fitness , good health with Yoga , Zumba, Cycling etc. on the eve of Ambedkar Jayanti. ,**



May 2023

- Attended 2 days, 9th Baithak of Goonj NGO. We witnessed **interesting and enthusiastic conversations on diverse challenges NGO face and exploring possibilities of cross learning** in the month of May
- **Dehdaniyo ka Utsav** : celebration of pledgers and families of donors of Organ and body donation meet to share their experiences and honour the families of donors in an awareness cum insightful session about organ donation in collaboration with Dadhichi Dehdan Samiti
- YSS participated in Yuva utsav with self help group ladies to put stalls in it. .Yuva utsav was hosted by IITM JANAKPURI organised by NYKS supported by NULM.



June 2023

- **Free health check up camp was organised by YSS** in Bhagwati Vihar on 16 June in association with Bhagat Hospital .**About 250 people** availed the facility .
- **Masti ki pathshala: A free summer camp for children of DAILY WAGERS & DOMESTIC HELP** from 23 june to 30 june
- **Stationery distribution to 100 Girls of government school in Tamilnadu.**
- Yoga Day was celebrated in park with Yoga group.



July & August 2023

- **BMD & ORTHO Check up camp was organised by YSS** on 20th july in NGO for senior citizens and women About 180 persons availed the benefit.
- On the eve of Jadi buti diwas **YSS distributed many medicinal plants in the park in association with Patanjali.**



August 2023



- On 10th of August **YSS conducted Sakhi Baithak** (an awareness session about periods) in SSK, Dwarka Vihar, Najafgarh. About 65 women benefited from the session Sarita Bhatia also answered the queries.



- Aahar (Food for all)** distributed to about **1600 persons** in holy month of purushotam maas on 5th of August.

- Nationwide Campaign "**Meri Maati Mera Desh**" to Honor the 'Veers' Who Sacrificed Their Lives For the Nation. **YSS also organised the programme, collected soil, hosted flag, planted plants and distributed to public after taking the pledge with Councilor Deepak Vohra.**
- Soil Collected from Every Corner of the Country to be Ceremoniously Placed in Amrit Vatika and Amrit Mahotsav Memorial at Kartavya Path, Creating a Legacy to Commemorate Azadi Ka Amrit Mahotsav.
- Environmental Purification Hawan was conducted by YSS with Yoga group .
- YSS conducted awareness session about organ donation in Bhagwati Vihar
- Rakhi workshop conducted in NGO & Homemade RAKHIS sent to soldiers with messages from ladies & children.

September 2023

FOUNDATION DAY

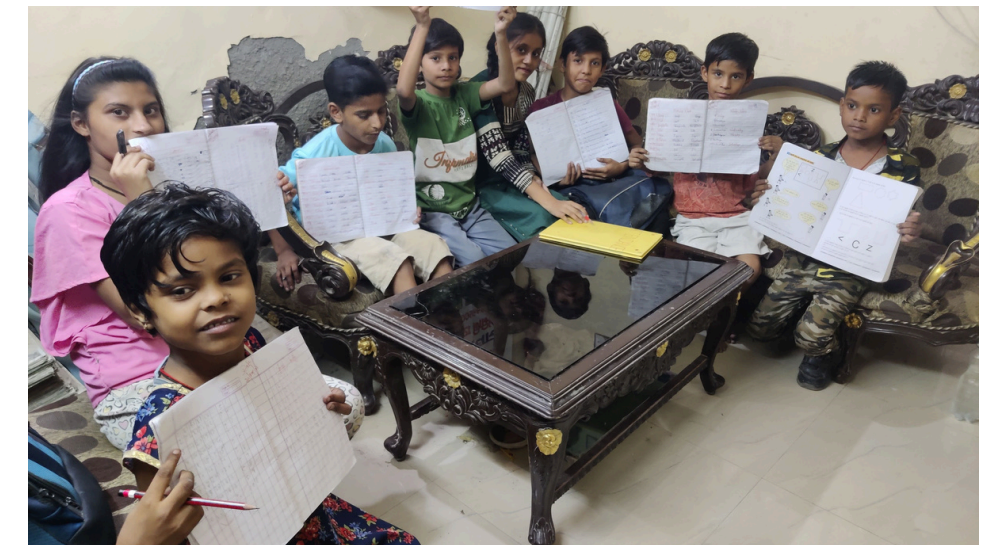
- **Foundation Day with the theme of Sharing Smiles was celebrated** in the NGO premises with domestic help & their children with some special guests. Who lighted the lamp and then the welcome speech was given by Sarita Bhatia.
- children and beneficiaries danced together to celebrate the occasion.
- **Aahar (Food for All) First children were served with food** then it was distributed to about 250 daily wage earners on the occasion.



September 2023

- During our trip to Bhutan ,We built connections with other NGO's and got a lot of learning experiences from Bhutanese about their focus on **sustainability and gross happiness** .
- Bhutanese also focus on environmental conservation
- Interaction with diverse groups enhance communicative skills and new innovative ideas.
- **REMEDIAL CLASSES IN VANI VIHAR CENTRE**

PROJECT :ROZI ROTI



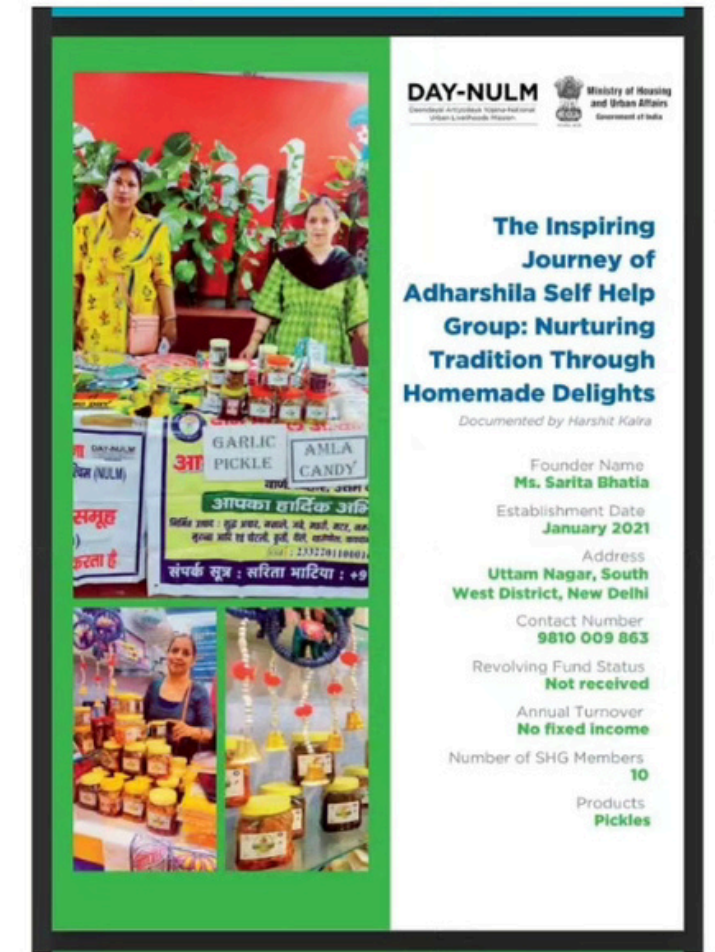
INAUGURATION OF STITCHING AND TAILORING CENTER

- Yash Sewa Samiti expresses gratitude towards Alisha Vijoy from India and **H.N Purohit ji & Mrs. Ritu Juneja from Hitachi Lift India Pvt. Ltd.** for generously sharing their expertise through **Employee Engagement Program on Rozi Roti Initiative** (Stitching & Tailoring Centre) to empower women to make them skillful & self-reliant.

October 2023

AMRIT MAHOTSAV SHG MELA in LBASNAA

- Yash Sewa Samiti participated in **AMRITOTSAV SHG MELA in LBASNAA in Mussoorie in Uttarakhand** from 7th of October to 9th October 2023. All SHGs from all over the country showcased their handmade and handcrafted items. On the eve of 98th Foundation Course celebrations.



- Success story of Sarita Bhatia was published in the book of case studies**
- Sakhi Baithak in Vani vihar a session for awareness about periods and pad distribution.
- Sarita Bhatia conducted a session in Aanganwadi about the Formation of SHG and its benefits
- Diwali stall preparation with Self Help Groups.

November 2023

- YSS participated in **Yuv Utsav & NGO Mela organised by YMCA Delhi**. Children participated in cultural programmes,
- Self Help Groups of Yash Sewa Samiti participated in **Diwali melas like SHG mela by NULM in Vegas Mall, Diwali mela in Birla soft office Noida** and sold their handmade and handcrafted items made by women entrepreneurs,
- Diwali was celebrated in NGO premises with children of domestic help ,
- GIFTS were distributed to children & Daily wagers of the area, Sweets were distributed to all,
- **Awareness sessions** about the formation of Self help groups & about periods,
- YSS runs specially designed **Remedial Classes** to bridge the learning gap for students struggling with key subjects.



MONTH OF CELEBRATIONS

December 2023

- YSS organised a **Health Camp & CPR Training** in association with **G. D. Goenka Healthcare Academy** on 9th of December , a day we celebrate as **PLEDGE DAY** & for different Social Activities for the community, About 180 people availed the benefit.
- **Awareness sessions** conducted by Sarita Bhatia as a resource person from NGO in different **SSKs in Vikas Nagar Project, Hastal Projects, Pandav Nagar , Dabri, Inderpuri about Nutrition, Periods, Health etc.**
- **PAD DISTRIBUTION** : YSS distributed Pads in all SSKs , about **2500+ pads** were distributed for MENSTRUAL HYGIENE under the Initiative **GIFT PAD GIFT HYGIENE**
- **BLANKET DISTRIBUTION** : Blankets were distributed to **DOMESTIC HELP & DAILY WAGE EARNERS**
- **AAHAR (Food for All)** distributed to all .
- **SHARE SMILES**: School shoes were given to children of domestic help under the initiative of Share Smiles



MONTH FOCUS AREA WAS HEALTH & HYGEINE

January 2024

- Drawing books and drawing colours were distributed to about 100 girls of Govt. School by Gajendra our team member in Tamil Nadu.
- Workshop in SSK to **promote formation of SHG.**
- 3 January to 10 January SHG showcased its **handmade Pickles & Handicraft Items in a stall in Atamnirbhar Bharat Utsav Urban Square under the guidance of NULM.**
- 4 January **Immunity kits distribution** to children of Adharshila Bachpan Club.
- 10 January **free Health Check up Camp** by YSS in New Sainik International School in Vikas Nagar.
- 12 Celebration of **Yuva Diwas in NGO** to pay homage to Swami Vivekanand Ji.
- **Warm hugs/ cloth for dignity / winter campaign** Many blankets and warm clothes were distributed to daily wage earners.
- Lohri Festival Celebration with children of Domestic Help.



February 2023



- Awareness sessions about Nutrition with women from SSK .
- MDP training attended by Sarita Bhatia organised by **MSME to give knowledge of Digital Literacy to participants.**
- 9 February **Sakhi Baithak (Awareness Session about Periods) in Bharthal Village and pad distribution.**
- Sakhi baithak conducted in village Navada in Anganwadi .
- **Best writer award to Sarita Bhatia in Bhutan yatra visheshank** by Hindustani Bhasha Academy & Hum Sab Sath Sath.



March 2023

- **2 March Voter Awareness Campaign** in Vani Vihar park
- Dehdaniyo ka Utsav an awareness program and recognition program with Dadhichi Dehdan Samiti for **pledgers & donors of Eyes, Organ & Body.**
- **Sakhi Baithks and pad distribution** in Hastal Village ,Vikas Nagar, Dabri projects.
- 19 march **free Paper Art training** in YSS to learn **art of quilling** a start up idea with passion.
- **Sarita Bhatia got Mahadevi Verma Samman** , an award to women writers on the occasion of Women Day .
- 30 March **Awareness session about organ donation** in Kesari club chaukhandi branch by Sarita Bhatia.
- Cutting & Stiching centre giving **training to domestic help & women from Self Help Groups.**



Sponsors & Supporters



HITACHI
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